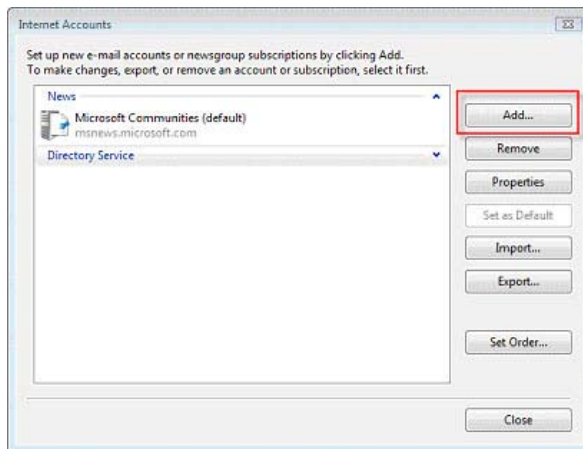
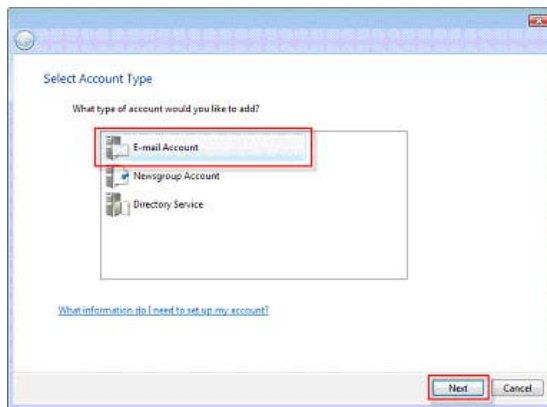


Creating an email account in Windows Mail

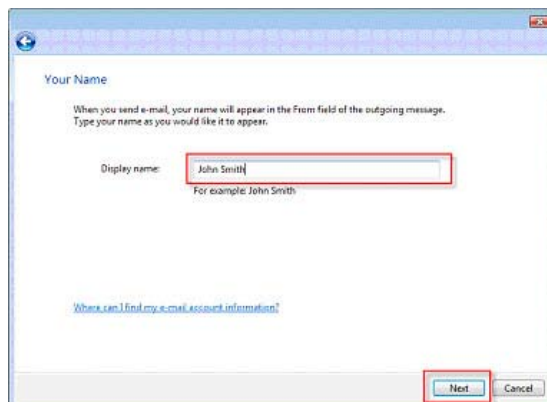
1. Click the Start button in the left-hand corner of your taskbar
2. Select All Programs
3. Select Windows Mail
4. Click the Tools Menu and select Accounts
5. Click Add...



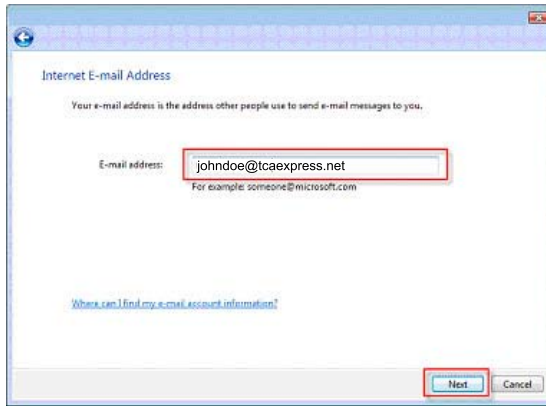
6. Select E-mail Account and click Next



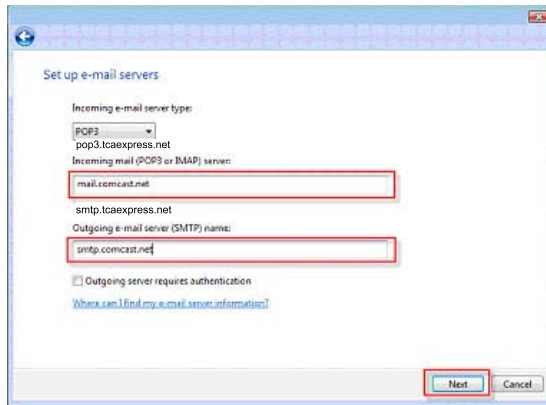
7. Enter a Display name and click Next



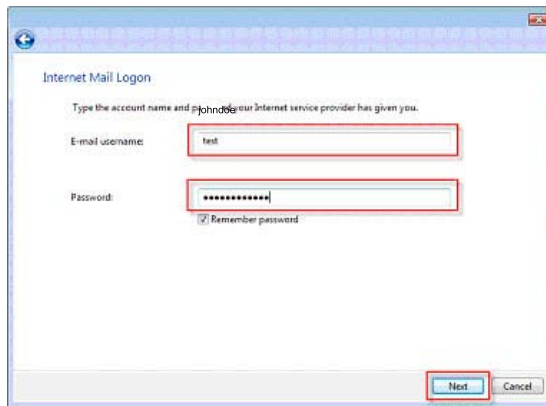
8. Enter an E-mail address and click Next



9. Enter pop3.tcaexpress .net as the Incoming Server and smtp.tcaexpress.net as the Outgoing Server and click Next



10. Enter the Username and Password and click Next



11. To save the settings and download email click Finish

